

## COPPERFIELD HILL WINTER WEEKLY MENU

WEEK OF MARCH 18th thru MARCH 24th 2019

### BREAKFAST

MONDAY MARCH 18th	TUESDAY MARCH 19th	WEDNESDAY MARCH 20th	THURSDAY MARCH 21st	FRIDAY MARCH 22nd	SATURDAY MARCH 23rd	SUNDAY MARCH 24th
Cold Cereal or Oatmeal (Cream of Wheat Available)	Cold Cereal or Oatmeal (Cream of Wheat Available)	Cold Cereal or Oatmeal (Cream of Wheat Available)	<b>RESIDENT PANCAKE BREAKFAST</b>	Cold Cereal or Oatmeal (Cream of Wheat Available)	Cold Cereal or Oatmeal (Cream of Wheat Available)	Cold Cereal or Oatmeal (Cream of Wheat Available)
Yogurt Fresh Orange Wedges Toast & Jelly	Fried Eggs Sausage Links Bagel with Cream Cheese	Buttermilk Biscuit with Sausage Gravy Fruit Cup	Fluffy Pancake with Syrup & Butter Sausage Links Fruit cup	Hard Boiled Eggs Sausage Links Fruit Cup	Yogurt Fruit Cup Fruit Danish	Cheese Omelet Sausage Links Toast & Jelly
Coffee, Juice, or Milk	Coffee, Juice, or Milk	Coffee, Juice, or Milk	Coffee, Juice, or Milk	Coffee, Juice, or Milk	Coffee, Juice, or Milk	Coffee, Juice, or Milk

### LUNCH

Grilled Rachel Sandwich (Bread, Turkey, Swiss, Sauerkraut) (Thousand Island Spread)	Hearty Vegetable Barley Soup  Shaved Ham Sandwich with Lettuce & Cheese	Grilled Hotdog Basket  Old Fashion Baked Beans	Chicken Wild Rice Soup  BLT Wrap (Bacon Crumbles, Shred Cheddar) (Diced Tomatoes, Lettuce, Ranch Spread)	Homemade Cream Puff (stuffed with Chicken Salad)	Side Salad (Choice of salad dressing)	Baked Ham with Spiced Fruit Sauce Baked Sweet Potato with Brown Sugar Butter
French Fries Bread & Butter Pickles <b>Dessert</b>	Potato Chips  <b>Dessert</b>	Creamy Cole Slaw  <b>Dessert</b>	Dill Pickle Spear <b>Dessert</b>	Fresh Fruit Cup  Bread & Butter Pickles  <b>Dessert</b>	Old Fashion Beef & Vegetable Pot Pie  Warm Bread Stick <b>Dessert</b>	Buttered Peas  Warm Dinner Roll <b>Dessert</b>
Ice Cream	Scoop of Pudding topped with Whip Cream & Toasted Coconut	Cookie	Fruit & Marshmallow Fluff	Cookie	Rice Crispy Bar	Individual Apple Pie Tartlet

### DINNER

Garden Salad with Choice of Salad Dressing	Roasted Shredded Braised Beef served over Mashed Potatoes	BBQ Quarter Baked Chicken	Meatloaf	<b>SOUTHERN STYLE DINNER</b>	Tomato Soup	Crunchy Taco Basket (2 - Tacos each)
Chicken Tetrazzini topped with Parmesan Cheese	Steamed Vegetables	Baked Cheese Macaroni	Mashed Potatoes & Gravy	Oven Fried Catfish (Tartar sauce & lemon wedge) Dirty Rice (Red Beans & Rice) Collard Greens Corn Bread <b>Dessert</b>	Grilled Cheese Sandwich Potato Chips	(Seasoned ground beef, lettuce,.) (Diced tomato, onions, sour cream) (taco sauce)
Warm Bread Stick Twist <b>Dessert</b>	Warm Dinner Roll <b>Dessert</b>	Green Beans  <b>Dessert</b>	Buttered Cut Corn	Fruit Crisp	Sliced Pickles  <b>Dessert</b>	Refried Beans & Spanish Rice <b>Dessert</b>
Mixed Berries Romanoff	Frosted Cake	Vanilla Bean Ice Cream	Warm Dinner Roll <b>Dessert</b>		Frosted Cake	<b>Cinnamon Sugar Churros</b> (Mexican Dessert)