



# MARCH 2019

## Activities Calendar for the Memory Care Community

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>31</b> <b><u>Morning Activities</u></b> 10:00 Worship Service/MCR Table Games & Sorting Exercise to Music 11:30 Classical Café/Lunch <b><u>Afternoon Activities</u></b> Sing Along c.d. with Aides Marker Art & Music Cookie Social & Coffee Help Set Tables Get Ready for Supper	 <p>"Today you are You, that is truer than true. There is no one alive who is Youer than You." - Dr. Seuss</p>			Calendar is subject to change. See daily event board for updates. <b>Highlighted Activities</b> and <b>Escorts</b> are supervised with Brenda. <b>Green Activities</b> are supervised with the Aides. activity cart is to be used During down times or with families. Thank-you	<b>1</b> <b><u>Morning Activities</u></b> <b>Noodle Ball Exercise/MMC</b> <b>Trivia and Hydrate/MMC</b> <b>Beach Ball Toss/LMC</b> 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V. <b><u>Afternoon Activities</u></b> <b>Hand Soaks &amp; Manicures/with Brenda/LMC</b> <b>Hand Soaks &amp; Lotion/MMC</b> <b>Root beer Social &amp; Music</b>	<b>2</b> <b><u>Morning Activities</u></b> Bing Crosby Music <b>Colored Pencil Art</b> <b>Reminisce &amp; Coffee Social</b> 11:30 Classical Café <b><u>Afternoon Activities</u></b> <b>Folding Clothes/MMC</b> <b>Table Games/LMC</b> <b>Cookie Social &amp; Tea</b> 6:00 Lawrence Welk/T.V.
<b>3</b> <b><u>Morning Activities</u></b> 10:00 Worship Service/MCR Table Games/Sorting Exercise to Music 11:30 Classical Café/Lunch <b><u>Afternoon Activities</u></b> Sing Along c.d. with Aides Marker Art & Music Cookie Social & Coffee Get Ready for Supper	<b>4 Church Service</b> <b><u>Morning Activities</u></b> <b>10:00 Church Service w/Jan &amp; Coffee Fellowship Social/Lodge</b> <b>Exercises with Balloons/MMC</b> 11:30 Classical Cafe'/Lunch 12:00 Polka Spotlight/TV <b><u>Afternoon Activities</u></b> <b>Storytelling w/Brenda/LMC</b> <b>B-I-N-G-O-/MMC w/Aides</b> <b>Snack &amp; Reminisce</b>	<b>5 MacPhail Music</b> <b><u>Church Service</u></b> <b>10:00 Church Service w/Jan &amp; Coffee Fellowship Social/MMC</b> <b>Exercise with Balloons/LMC</b> 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V. <b><u>Afternoon Activities</u></b> <b>1:30 MacPhail Music Therapy/LMC/with Nora</b> <b>Activity Cart w/Aides</b>	<b>6 Living Spirit Music</b> <b><u>Morning Activities</u></b> <b>10:30 Ash Wednesday Service</b> <b>Lodge Memory Care</b> 11:30 Classical Café/Lunch 12:00 Polka Spotlight/TV <b><u>Afternoon Activities</u></b> <b>12:15 Ash Wednesday Service</b> <b>Manor Memory Care</b> <b>1:15 Living Spirit Music/LMC</b> <b>2:15 Living Spirit Music/MMC</b>	<b>7 Caring Companions</b> <b><u>Morning Activities</u></b> <b>10:00 Beauty Shop Escorts with Brenda/LMC &amp; MMC</b> <b>Matching Game</b> 11:30 Classical Café/Lunch 12:30 Polka Spotlight/T.V. <b><u>Afternoon Activities</u></b> <b>Reminisce Box/LMC</b> <b>Craft Project/MMC w/Caring Companions</b>	<b>8</b> <b><u>Morning Activities</u></b> <b>"Chicken Soup for the Soul" reading w/Brenda/LMC</b> <b>10:00 Visit Library/MMC</b> 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V. <b><u>Afternoon Activities</u></b> <b>Afternoon Stretch with Brenda</b> <b>Lodge Memory Care</b> <b>Hand Soaks &amp; Lotion/MMC</b>	<b>9</b> <b><u>Morning Activities</u></b> Glenn Miller Music c.d. <b>Colored Pencil Art</b> <b>Reminisce &amp; Coffee Social</b> 11:30 Classical Café <b><u>Afternoon Activities</u></b> <b>Folding Clothes/MMC</b> <b>Table Games/LMC</b> <b>Cookie Social &amp; Tea</b>
<b>10 Daylight Savings Time</b> <b><u>Morning Activities</u></b> 10:00 Worship Service/MCR Table Games/Sorting Exercise to Music 11:30 Classical Café/Lunch <b><u>Afternoon Activities</u></b> Sing Along c.d. with Aides Marker Art & Music Cookie Social & Coffee Reminisce Pictures Get Ready for Supper	<b>11 Church Service</b> <b><u>Bible Study</u></b> <b>10:00 Church Service w/Jan &amp; Coffee Fellowship Social/LMC</b> <b>Beauty Shop Escorts</b> 11:30 Classical Café/Lunch 12:00 Polka Spotlight/TV <b><u>Afternoon Activities</u></b> <b>1:00 Hand Soaks &amp; Lotion/MMC</b> <b>3:00 Bible Study w/Jan/LMC</b> <b>3:30 Bible Study w/Jan/MMC</b> Get Ready for Supper	<b>12 Artsy Smartsy</b> <b><u>Morning Activities</u></b> <b>Movement w/Scarves and Music/MMC</b> <b>Exercise with Balloons/LMC</b> 11:30 Classical Café/Lunch 12:00 Polka Spotlight/TV <b><u>Afternoon Activities</u></b> <b>1:30 Artsy Smartsy Class</b> <b>High Low Cards/LMC</b> <b>Reminisce &amp; Hot Chocolate</b> <b>Activity Cart w/Aides</b> Help Set Tables for Supper	<b>13 Music Therapy</b> <b><u>Morning Activities</u></b> <b>Morning Devotional Reading with Brenda/LMC</b> <b>10:00 Pet Therapy Visit/MMC</b> 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V. <b><u>Afternoon Activities</u></b> <b>1:15 Living Spirit Music Therapy w/Melissa/LMC</b> <b>2:15 Living Spirit Music Therapy w/Melissa/MMC</b> <b>3:30 Sing Along w/Carol/MMC</b>	<b>14</b> <b><u>Morning Activities</u></b> <b>10:00 Beauty Shop Escorts w/Brenda/LMC &amp; MMC</b> <b>Matching Game</b> 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V. <b><u>Afternoon Activities</u></b> <b>1:30 Visit Lodge Memory Care/Caring Companions</b> <b>Music Bingo/MMC</b> <b>Dilly Bar Social &amp; Reminisce</b>	<b>15 Music Therapy</b> <b><u>Morning Activities</u></b> <b>"Chicken Soup for the Soul" Reading w/Brenda/MMC</b> <b>10:00 Visit Library/MMC</b> 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V. <b><u>Afternoon Activities</u></b> <b>1:30 Music Therapy/LMC</b> <b>2:30 Music Therapy/MMC</b> <b>Applesauce Social</b> <b>Reminisce w/Brenda</b>	<b>16 Sing Along</b> <b><u>Sing Along w/Gary</u></b> <b><u>Morning Activities</u></b> <b>Word Search Puzzles</b> <b>Marker Art &amp; Music</b> 11:30 Classical Café <b><u>Afternoon Activities</u></b> <b>1:30 Sing Along with Gary/MMC</b> <b>Table Games/LMC</b> 6:00 Lawrence Welk T.V.



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## Activities Calendar for the Memory Care Community

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>17 St. Patrick's Day</b>	<b>18 Church Service</b>	<b>19 Church Service</b>	<b>20 Living Spirit Music</b>	<b>21 Birthday Party</b>	<b>22</b>	<b>23</b>
<b><u>Morning Activities</u></b> 10:00 Worship Service/MCR Table Games/Sorting Exercise to Music 11:30 Classical Café/Lunch <b><u>Afternoon Activities</u></b> St. Patrick's Day Music Marker Art & Trivia Cookie Social & Coffee Get Ready for Supper	<b><u>Morning Activities</u></b> 10:00 Church Service with Jan/Lodge Coffee Fellowship Social Table Games with Aides/MMC <b><u>Afternoon Activities</u></b> 1:30 Reminisce w/Pastor Jan Lodge Memory Care 2:30 Reminisce w/Pastor Jan Orange Soda Social & Music	<b><u>Hymn Sing</u></b> 10:00 Church Service w/Jan Coffee Fellowship Social/MMC Fold/Sort Clothes Activity/LMC 11:30 Classical Café/Lunch 12:30 Polka Spotlight/T.V. <b><u>Afternoon Activities</u></b> 1:30 MacPhail Music/MMC 3:00 Hymn Sing w/Jan/LMC 3:30 Hymn Sing w/Jan/MMC	<b><u>Morning Activities</u></b> "Spring Poems w/Brenda/MMC And Spring Flower Trivia Music Bingo/LMC 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V. <b><u>Afternoon Activities</u></b> 1:15 Living Spirit Music/LMC 2:15 Living Spirit Music/MMC Refreshments & Reminisce	<b><u>Morning Activities</u></b> 10:00 Beauty Shop Escorts/with Brenda/MMC & LMC Matching Game 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V. <b><u>Afternoon Activities</u></b> Get Ready for Party/LMC 1:30 Birthday Part with Tony Garry/LMC	<b><u>Morning Activities</u></b> "Chicken Soup for the Soul" Reading w/Brenda/LMC Beach Ball Toss & Music/MMC 11:30 Classical Café/Lunch 12:30 Polka Spotlight/T.V. <b><u>Afternoon Activities</u></b> Baking Group with/MMC Cinnamon Waffles Coffee Social & Waffles	<b><u>Morning Activities</u></b> Music to Our Ears Colored Pencil Art Reminisce and Coffee 11:30 Classical Café <b><u>Afternoon Activities</u></b> Group Ball Toss & Music Puzzle Pieces Cookie Social 6:00 Lawrence Welk T.V.
<b>24</b>	<b>25 Church Service</b>	<b>26 Birthday Party</b>	<b>27 Children Visit</b>	<b>28 Caring Companions</b>	<b>29</b>	<b>30</b>
<b><u>Morning Activities</u></b> 10:00 Worship Service/MCR Table Games & Sorting Exercise to Music 11:30 Classical Café/Lunch <b><u>Afternoon Activities</u></b> Sing Along c.d. with Aides Marker Art & Music Cookie Social & Coffee Get Ready for Supper	<b><u>Bible Study</u></b> 10:00 Church Service w/Jan Coffee Fellowship Social/LMC Puzzle Pieces/MMC 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V. <b><u>Afternoon Activities</u></b> 1:30 Spring Flowers Reminisce/LMC 2:30 Spring Flower Rem./MMC 3:00 Bible Study w/Jan/LMC 3:30 Bible Study w/Jan/MMC	<b><u>Morning Activities</u></b> Parachute Exercise w/Brenda Manor Memory Care Group Balloon Toss/LMC 11:30 Classical Café/Lunch 12:00 Polka Spotlight/TV <b><u>Afternoon Activities</u></b> 1:30 Birthday Party MMC with Bobbie & Christine/MMC 1:30 Sing Along w/Gary/LMC Ice-Cream Social & Reminisce	<b><u>Morning Activities</u></b> 10:00 Children Visit the / Lodge Memory Care Spring Flower Cut-Outs/MMC 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V. <b><u>Afternoon Activities</u></b> 1:30 Scenic Ride/LMC Name that tune Game/MMC Ice Cream Social/Dilly Bars Balloon Volley Ball	10:00 Beauty Shop Escorts w/Brenda/MMC & LMC Matching Game 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V. <b><u>Afternoon Activities</u></b> 1:30 Bingo w/Aides/LMC 2:00 Caring Companions/ Manor Memory Care Fruit Social & Reminisce Get Ready for Supper	<b><u>Morning Activities</u></b> Hula-Hoop Exercise/MMC Bible Trivia w/Brenda Marker Art/LMC 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V. <b><u>Afternoon Activities</u></b> Hand Soaks, Manicures/LMC Butterfly Marker Art/MMC Cheese & Cracker Social Help Set Tables	<b><u>Morning Activities</u></b> Easy Listening Music Colored Pencil Art Reminisce and Coffee 11:30 Classical Café <b><u>Afternoon Activities</u></b> Group Ball Toss & Music Puzzle Pieces Cookie Social Get Ready for Supper 6:00 Lawrence Welk T.V.