

# COPPERFIELD HILL CHATTER

AUGUST 2018

## A Note from the Executive Director

Greetings to the Copperfield Hill Community—

August is here which means, family vacations, back to school planning and the Minnesota State Fair.

July was busy and hot. We participated in many aspects of the 70th Annual Whiz Bang Days here in Robbinsdale. The 53rd Annual Diggers Flower Show was as large as ever. Copperfield Hill welcomed over 100 guests to the show. Our float was cheered along the Whiz Bang Parade route while the Copperfield Coppertones performed a list of songs from old Hollywood. Thanks go out to all of you who participated, both singers and volunteers.

August is a good time to get those items checked off your list that you want to have done by the end of summer. Take advantage of all the activities on campus.

Enjoy the month,

Todd Klein, Executive Director



*The Coppertones*



## Manor Office Hours:

Mon - Fri 9:00am-5:30pm

Sat – 10:00am-4:00pm

Sun - Noon - 4:00pm

## Location:

4200 40th Ave North

Robbinsdale, MN 55422

763-277-1001

## Lodge Office Hours:

Mon– Fri 9:00am-5:30pm

Sat—Sun: 10:00am– 4:00pm

## Location:

4020 Lakeland Ave North

Robbinsdale, MN 55422

763-277-1001

## JOIN OUR MAILING LIST!

If you would like to join our mail or e-mail list, please e-mail your request to [sschmidt@copperfieldhill.com](mailto:sschmidt@copperfieldhill.com). If you have questions about becoming a resident of Copperfield Hill, feel free to contact us at (763) 277-1001 or visit us on the web at [www.copperfieldhill.com](http://www.copperfieldhill.com)



## Contacts:

### Executive Director

Todd Klein

### Environmental Services

Luke Arel

Derek Ness

### Marketing

Sherry Schmidt

Charlotte Hoes

Jessica Boden

### Dietary Services

Brian Kesanen

### Nursing

Olivia Caspers, RN

Lindsey Scribner, LPN

Grace Diego, RN

Cassie Jokinen, RN

LaDonna Bateman, LPN

Sandra Williams, LPN

Amy Broszko, LPN

### Recreation & Wellness

Beth Sutton

Brenda Warner

### Pastor

Jan Hartsook

### Building Assistant Managers

Mary Ngeru

Marci Franz

## Event Highlights for August

### Manor

August 3rd at 11:00 am	Lunch outing to Texas Roadhouse
August 8th at 2:00 pm	Birthday Party with “According to Pete”
August 9th at 8:30 am	Free Pancake Breakfast
August 13th at 2:30pm	Tea and Crumpets Manor Dining Room
August 22nd at 1:30	Full Bloom Presentation
August 23rd at 11:30 am	Walmart
August 27th at 2:30 pm	Chocolate Lover’s Support Group
August 28th at 6:15 pm	Lake Harriet Band Shell Concert

### Lodge

August 2nd at 12:00 pm	Cinema Grill Outing
August 6th at 12:15 pm	Target Outing (chaperoned)
August 9th at 10:30 am	Resident Meeting
August 13th at 12:15 pm	Walmart Outing (chaperoned)
August 13th at 2:30 pm	Bingo for Prizes
August 17th at 1:45 pm	Movie and Popcorn
August 22nd at 2:00 pm	Arts and Crafts
August 23rd at 2:00 pm	Birthday Party
August 30th at 12:30 pm	Pokeno

### **Note from Pastor Jan**

Residents from the Manor and Lodge will be assembling school backpacks on Wednesday, August 29th at 3:15pm in the Manor Dining Room. The backpacks will be given to local schools in Robbinsdale for those who can’t afford school supplies. Thank you for your help.

### **National Night Out**

Join us on August 7th from 5:30—6:30 pm on the Manor front lawn for National Night Out. There will be an ice cream social and music. All are welcome.



### **Save the Date**

This year the Copperfield Hill Harvest Fest will be on Saturday, September 29th. It is a fun filled day that you won’t want to miss. Invite all the family—young and old.

Leisure Age will be held

Thursday, August 9th from 11am—1:30 pm. We have changed the date so that it does not conflict with the Silver and Gold luncheon. Please make sure you sign up in the activities book.

## Memory Care Moments

July is always fun, when we get outside for the Whiz Bang Days Parade. Many of our friends joined us to cheer on the Copperfield float. It was a beautiful day.



## Notes from Nursing

All is well with Olivia Caspers, our Director of Nursing. Olivia and her family welcomed Theodore, on July 9th. He joins his big brother Emmett, who just turned one.



## Marketing Minutes

Aside from the regular activity of people moving, we have been busy with events and planning for the fall. Whiz Bang was a big success. The Diggers Flower Show welcomed close to 100 people here to view the exhibits. Thanks to everyone who helped in making the show a success. We continue to grow the audience for Leisure Age, which we host with the Robbinsdale United Church of Christ. Please note the date change. We have moved to the 2nd Thursday of the month. Please join us this month for games, lunch and entertainment by Lyndon Peterson.

If there is someone you know who might be interested in moving in to Copperfield, please let us know. We have a \$500 referral fee for anyone who refers a friend to the building. Fall is normally a very busy time to move, before the snow falls.

## Welcome Neighbors!

Sheryl S.

Carol C.

Delwood R.

Jeanette L.



## Facts about August

August 3, 1492—Christopher Columbus sets sail from Palos, Spain with his three ships, Nina, Pinta and Santa Maria. Seeking a westerly route to the Far East.

August 9, 1974—Richard M. Nixon resigns as US president, as a result of the Watergate scandal.

August 14, 1935—President Roosevelt signs the Social Security Act.

August 14, 1945—Japan surrenders to the Allies, effectively ending WW II.

August 18, 1920—The 19th Amendment to the US Constitution was ratified, granting women the right to vote.

August 28, 1963—March on Washington. Rev. Dr. Martin Luther King, Jr. delivered his famous “I Have a Dream” speech.

[www.historyplace.com](http://www.historyplace.com)



## Happenings from the Recreation and Wellness Department

Well, here we are, in the dog days of summer. I can't believe we are coming into August already. July was action packed with a variety of special events and outings. We kicked off the month with the Fourth of July and that was soon followed by Robbinsdale's Whiz Bang Days. We participated in many ways. Copperfield Hill hosted the Digger's 53rd Annual Flower Show. The show included exhibits on each floor. I hope that you had an opportunity to view the many entries. It was a successful show for the group. That was just one of the activities during Whiz Bang. The bus took residents to the Citizens Bank Ice Cream Social. It is always a favorite.



And of course we ended Whiz Bang Days by having a float in the parade. The Copperfield Hill sing along group rode on the float and sang songs from Hollywood shows while accompanied by Malcolm Anderson. The entire campus enjoyed it immensely. Many of our staff and their families volunteered. Copperfield Hill handed out close to 2000 frozen ice pops to the crowd of on lookers. Thanks go out to all our volunteers!

The residents went on several outings. We took in a concert at the Lake Harriet Band Shell, lunch at Pub 42 and Baker's Square and outings to Walmart and Target. Our calendar is full of activities,, so please be sure to keep your eyes open for something you always enjoy doing, or something that you might try for the first time.

On another note, Copperfield Hill is happy to announce the hiring of Erin Maines as the new Recreation and Wellness Coordinator for the Lodge building. Erin will keep her office in the lower level of the Lodge. So, please, stop by and introduce yourselves to her. We continue our 12 months of travel. This month our focus will be the United Kingdom of Great Britain and Northern Ireland, but more specifically, England. Look for a variety of activities featuring English themed programming. I hope everyone enjoys the weather and fun that August brings. ~Beth Sutton



Pictures include: Some of our singers, Beth pulls the float, more Coppertones, Derek driving the tractor with the freeze pops, our float pulling into the parade and volunteers.

# UNITED KINGDOM OF GREAT BRITAIN AND NORTHERN IRELAND / ENGLAND\*

Great Britain is a large island in the north Atlantic Ocean off the coast of continental Europe. Great Britain is the largest of the British Isles and the largest European island. The island of Ireland is just west of it and together these islands along with over 1,000 smaller surrounding islands, form the British Isles archipelago. Politically, the island is part of the United Kingdom of Great Britain and Northern Ireland. Most of England, Scotland and Wales are on the island. The term "Great Britain" often extends to include surrounding islands that form part of England, Scotland and Wales.

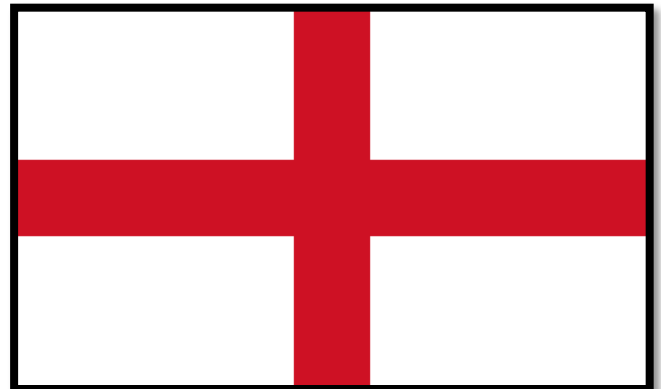
In 1707 by the Acts of Union a single Kingdom of Great Britain resulted from the union of the Kingdom of England (present day England and Wales) and the Kingdom of Scotland. In 1801, Great Britain united with the Kingdom of Ireland, thus forming the United Kingdom of Great Britain and Ireland and was renamed "United Kingdom of Great Britain and Northern Ireland", after the Irish Free State seceded in 1922.

England is a country that is part of the United Kingdom. England is the largest and most populous nation in the UK. It is bounded by Wales and the Irish Sea to the west and Scotland to the north. The English Channel, the Strait of Dover, and the North Sea separate it from Europe to the east. The Isle of Wight, off the southern mainland in the English Channel, and the Scilly Islands, in the Atlantic Ocean off the southwestern tip of the mainland, are considered part of England.

When most people think of England, images of kings and queens, Big Ben and Westminster Abbey, red telephone booths and tea shops all come to mind. England and the greater United Kingdom have centuries of historic and complicated political, religious and social relationships. Once said to be so large that the phrase "the empire on which the sun never sets" has been used to describe the United Kingdom. It was an empire so extensive that there was always at least one part of their territory that was in daylight.

Pictured: Map of Great Britain, flag of England, flag of Great Britain

\*[www.wikipedia.com](http://www.wikipedia.com), [www.infoplease.com](http://www.infoplease.com), [www.history.com](http://www.history.com)





## Spotlight on Caregiving

Meet Brian Kesanen, our Director of Dining Services here at Copperfield Hill. Brian has been at Copperfield for almost six years. His love of cooking and catering in the health care arena started over 35 years ago. Brian enjoys going out and seeing how residents enjoy dining and he uses his talents to enhance that experience. He tailors his menu to the likes of residents and some of their favorite dishes. He often incorporates recipes provided by residents in his menu schedule\*. When Brian is not at Copperfield, he enjoys spending time in his garden, at the lake or traveling with his wife, Denise. Brian also spends time volunteering at River Works Community Development, which includes a thrift store, food shelf and extensive community programs. Thank you, Brian, for all that you do, for all of us, at Copperfield Hill!



Chef Brian preparing Bananas Foster for a special dessert.

\*Baked Chow Mein from the kitchen of Char Mayer

1 pound hamburger

8 stalks celery, chopped

1 onion chopped

1 envelope chicken noodle soup

1/2 cup uncooked rice (not minute rice)

4 cups water

Brown the first three ingredients. Add the remaining ingredients and transfer to a greased casserole pan. Bake for two hours at 350 degrees. Sprinkle with chow mein noodles and brown for an additional 15 minutes.

## Minnesota State Fair History—Did You Know?

In 1917, the United States entered the Great War, World War 1, which touched the life of every American. Some State Fair organizers believed the fair should be cancelled in 1917 due to the rations that had been imposed on necessary resources. Many of the resources that made the Minnesota State Fair possible. To name a few, there were rations on gasoline, sugar, wheat and meat. In addition, many believed the railways that transported people and livestock to St. Paul would be reallocated for the war efforts.

However, the Agricultural Society presented an idea for the fair to be a “food training camp”. The idea was to introduce Minnesotans to new agricultural products, livestock and farm machinery. Agricultural machinery had been exhibited at the fair since 1860, but the 1917 fair featured the most efficient models. With the increase in demand for food, combined with the Army taking both men and horses for the war effort, there was more motivation for farmers to have a mechanical driven farm. The 1917 fair also provided fair attendees with classes on food production. Class offerings ranged from gardening to canning. Even children were encouraged to form clubs to plant gardens or raise livestock.



<http://www.mnopedia.org/event/minnesota-state-fair-1917>