

August 2018

Activities for the Memory Care Community

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|---|---|--|--|---|
| <p>Happy Birthday Lesbia-----1st Barb B.-----4th Joanne S.-----7th Mary S.-----12th Joyce R.-----13th Beryl G.-----14th</p>  |  |  <p>Calendar is Subject to Change See Daily Event Board for Updates. Highlighted Activities and Escorts are with Brenda. Green Activities Supervised with the Aides. Down time use Activity Carts!</p> | <p>1 Living Spirit Music</p> <p>Morning Activities Group Exercises w/Brenda Table Games & Cards w/Aides Help Set Tables 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V.</p> <p>Afternoon Activities 1:30 Music Therapy/LMC 2:30 Music Therapy/MMC Ice-Cream Sandwich Social Help Set Tables</p> | <p>2</p> <p>Morning Activities Morning Stretch & Music with Brenda/LMC Hand Soaks,Manicures/MMC 10:00 Beauty Shop Escorts 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V.</p> <p>Afternoon Activities Group Balloon Toss/LMC Patio Time & Trivia/MMC Snack & refreshments</p> | <p>3 Alzheimer's Fundraiser</p> <p>Morning Activities Fun & Fitness Exercise w/Brenda/MMC Tables Games & Music/LMC 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V.</p> <p>12:30 Fundraiser/Manor</p> <p>Afternoon Activities Cheerio Bingo w/Brenda/LMC PRIZES Patio Time & Trivia/MMC</p> | <p>4</p> <p>Morning Activities Easy Listening Music Group Balloon Toss Coffee Social & Reminisce 11:30 Classical Café/Lunch</p> <p>Afternoon Activities Sit Outside & trivia/MMC Colored Pencil Art/LMC Cookie Social & Chit-Chat Lotion & Hand Massage 6:00 Lawrence Welk/T.V.</p> |
| <p>5</p> <p>Morning Activities Easy Listening Music Table Games/Sorting 10:00 Worship Service/MCR Sit Outside/MMC 11:30 Classical Café/Lunch</p> <p>Afternoon Activities Word Puzzles/LMC Color Pencil Art/MMC Cookie Social & Chit-Chat</p> | <p>6 Full Bloom Program</p> <p>Morning Activities 10:00 Church Service/Lodge Coffee Fellowship Social/Lodge 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V.</p> <p>Afternoon Activities 1:30 Full Bloom Program/MMC 'The Minnesota State Fair' Hi-Low Cards/LMC 6:30 Wheel of Fortune</p> | <p>7 MacPhail Music for Life</p> <p>Morning Activities 10:00 Church Service/MMC Coffee Fellowship Social Group Ball Toss/LMC 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V.</p> <p>Afternoon Activities 1:30 MacPhail Music For Life Lodge Memory Care Puzzle Pieces & Sorting/MMC</p> | <p>8 Pet Therapy Visit</p> <p>Morning Activities 10:00 Pet Therapy Visit with Lilly, Harvey & Linda/MMC Colored Pencil Art/LMC 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V.</p> <p>Afternoon Activities 1:30 Scenic Ride both Communities Reminisce & Refreshments</p> | <p>9 Birthday Party</p> <p>Morning Activities Morning Stretch & Music with Brenda/MMC Group Ball Toss/LMC 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V.</p> <p>Afternoon Activities 1:30 Birthday Party Music w/Bobbie & Christine/LMC Birthday Social & reminisce</p> | <p>10 Walking Group</p> <p>Morning Activities Let's go for a Walk/MMC Table Games & Sorting 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V.</p> <p>Afternoon Activities Let's go for a Walk/LMC Cheerio Bingo/MMC Clean Activity Cart/LMC Snack & refreshments</p> | <p>11</p> <p>Morning Activities Easy Listening Music Group Balloon Toss Coffee Social & reminisce 11:30 Classical Café/Lunch</p> <p>Afternoon Activities Sit Outside & trivia/MMC Marker Art & Music/LMC Cookies Social & Chit-Chat 6:00 Lawrence Welk/T.V.</p> |
| <p>12</p> <p>Morning Activities Easy Listening Music Table Games/Sorting 10:00 Worship Service/MCR Sit Outside/MMC 11:30 Classical Café/Lunch</p> <p>Afternoon Activities Word Puzzles/LMC Color Pencil Art/MMC Reminisce Magazine/MMC Cookie Social & Chit-Chat</p> | <p>13 Church & Bible Study</p> <p>Morning Activities 10:00 Church Service/LMC Coffee Fellowship/LMC Table Games/MMC 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V.</p> <p>Afternoon Activities Let's get Outside/MMC Hi-Low Cards/LMC 3:00 Bible Study w/Jan/LMC 3:30 Bible Study w/Jan/MMC</p> | <p>14 Artsy Smartsy Class</p> <p>Morning Activities Parachute Exercise/MMC Balloon Volley Ball/LMC 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V.</p> <p>Afternoon Activities 1:30 Artsy Smartsy Class/Tina/Lodge Memory Care Table Games & Music/MMC Refreshments & reminisce Get Ready for Supper</p> | <p>15 Living Spirit Music</p> <p>Morning Activities Exercises with Brenda Trivia Time with Brenda Hand Soaks, Manicures/LMC 11:30 Classical Café/Lunch 12:00 Polka Spotlight/TV</p> <p>Afternoon Activities 1:15 Living Spirit Music/LMC 2:15 Living Spirit Music/MMC Popsicle Social & Reminisce Let's get Outside/MMC</p> | <p>16 Birthday Party</p> <p>Morning Activities Morning Stretch & Music with Brenda/MMC Hand Soaks/LMC 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V.</p> <p>Afternoon Activities 1:30 Birthday Party with Music/Randy Rolloff Birthday Social & Reminisce Sing Along C.D./MMC</p> | <p>17 One on One Visit</p> <p>Morning Activities Fun & Fitness Exercise w/Brenda/MMC Trivia Time & Ice Tea/LMC 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V.</p> <p>Afternoon Activities 1:30 One on One Visit with Beth & Brenda/MMC B-I-N-G-O-/LMC Snack & Reminisce</p> | <p>18 Sing Along w/Gary</p> <p>Morning Activities Easy Listening Music Sit Outside & trivia/MMC Group Balloon Toss 11:30 Classical Café/Lunch</p> <p>Afternoon Activities 1:30 Sing Along with Gary/ Manor Memory Care Marker Art & Music/LMC Puzzle Pieces & Chit Chat Cookie Social & reminisce</p> |

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| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|--|--|---|--|---|
| 19 | 20 Church Service | 21 Church Service | 22 Keynote Music | 23 Caring Companions | 24 Craft Group | 25 |
| <u>Morning Activities</u> Easy Listening Music Table Games/Sorting 10:00 Worship Service/MCR Sit Outside/MMC 11:30 Classical Café/Lunch <u>Afternoon Activities</u> Word Puzzles/LMC Colored Pencil Art/MMC Cookie Social & Chit-Chat | <u>Morning Activities</u> 10:00 Church Service/Lodge Coffee Fellowship Social/Lodge Balloon Exercise/MMC 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V. <u>Afternoon Activities</u> 1:30 Reminisce w/ Pastor Jan 2:30 Reminisce w/Pastor Jan Table Games & Sorting | <u>Morning Activities</u> 10:00 Church Service/MMC Coffee Fellowship Social Word Puzzles/LMC 11:30 Classical Café/Lunch 12:00 Polka Spotlight/TV <u>Afternoon Activities</u> B-I-N-G-O- w/Prizes/LMC 3:00 Hymn Sing/LMC 3:30 Hymn Sing/MMC | <u>Morning Activities</u> Exercise sing along/Brenda Hand Soaks, Manicures/LMC 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V. <u>Afternoon Activities</u> 1:30 Keynote Music w/Anna Lodge Memory care 2:30 Keynote Music w/Anna Manor Memory Care | <u>Morning Activities</u> Group Balloon Toss/LMC Let's get Outside/MMC Beauty Shop Escorts 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V. <u>Afternoon Activities</u> Hand Soaks, Manicures/LMC 2:00 Caring Companions/MMC Refreshments & Reminisce | <u>Morning Activities</u> Let's get Outside go for a Walk w/Brenda/MMC Parachute Exercise/LMC 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V. <u>Afternoon Activities</u> 1:30 Beading with Brenda/ Lodge Memory Care Tissue Flowers/MMC | <u>Morning Activities</u> Easy Listening Music Sit Outside/MMC Group Balloon Toss 11:30 Classical Café/Lunch <u>Afternoon Activities</u> Colored Pencil Art Table Games Cookie Social & Music 6:00 Lawrence Welk/T.V. |
| 26 | 27 Church & Bible Study | 28 MacPhail Music | 29 Scenic Ride | 30 Caring Companions | 31 Craft Group | |
| <u>Morning Activities</u> Easy Listening Music Table Games/Sorting 10:00 Worship Service/MCR Sit Outside/MMC 11:30 Classical Café/Lunch <u>Afternoon Activities</u> Word Puzzles/LMC Colored Pencil Art/MMC Cookie Social & Chit Chat Reminisce Magazines Get Ready for Supper | <u>Morning Activities</u> 10:00 Church Service/LMC Coffee Fellowship Social/LMC Balloon Exercise/MMC 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V. <u>Afternoon Activities</u> Let's get Outside/LMC Marker Art/MMC 3:00 Bible Study/LMC 3:30 Bible Study/MMC Get Ready for Supper | <u>Morning Activities</u> Noodle Ball Exercise/MMC Balloon Volley Ball/LMC Hydrate & Trivia Time/LMC 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V. <u>Afternoon Activities</u> 1:30 Sing Along with Gary/ Lodge Memory Care 1:30 MacPhail Music/MMC Lemonade Social & reminisce Dinner Music/Set Tables | <u>Morning Activities</u> Exercise sing along/Brenda Hand Soaks, Manicures and Lotion/MMC 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V. <u>Afternoon Activities</u> 1:30 Scenic Ride with both Communities w/Brenda Cracker Social & Reminisce Get ready for Supper 6:30 Wheel of Fortune | <u>Morning Activities</u> Morning Stretch & Music With Brenda/LMC Hand Soaks, Manicures/MMC 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V. <u>Afternoon Activities</u> Fruit-Loop Bingo/MMC 2:00 Caring Companions/ Lodge Memory Care Kool-Aide Social & Music | <u>Morning Activities</u> Let's get Outside go for a Walk w/Brenda/MMC Parachute Exercise/LMC 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V. <u>Afternoon Activities</u> 1:30 Tissue Flowers/LMC Colored Pencil Art/MMC Popcorn Social & Soda Pop Balloon Volley Ball | Key: Lodge Memory Care— LMC Manor Memory Care— MMC Atrium----Manor Dining Rm Manor Comm. Room— MCR Garden Area/Patio---- MMC Beauty Shop-----Lodge |