

COPPERFIELD HILL CHATTER

APRIL 2018

A Note from the Executive Director

Dear Residents and Friends of Copperfield Hill,

Welcome, Spring! Spring is here and as we all know, that does not necessarily mean that we won't have another snow storm or two. However, no need to worry about that because we have baseball! I hope some of you enjoyed listening to or watching the Twins opening day game. The Twins will have their home opener on April 5th, let's hope for an exciting season.

We continue our trip around the world. This month we visit France. I hope many of you will be joining Chef Brian for "A Night in Paris" dinner on April 4th in the Manor and April 11th in the Lodge. Please sign up with either the Manor or Lodge concierge.

Many of you helped stuff plastic Easter eggs for the Robbinsdale Chamber of Commerce Eggstravagnaza. Thank you for helping with this long time tradition. The city hosted the event at City Hall on March 24th and close to 350 children participated.

Enjoy the warmer weather that April brings. Summer is just around the corner.

Wishing you a great month,

Todd Klein

Executive Director



Manor Office Hours:

Mon - Fri 9:00am-6:00pm

Sat - 10:00am-4:00pm

Sun - Noon - 4:00pm

Location:

4200 40th Ave North

Robbinsdale, MN 55422

763-277-1001

Lodge Office Hours:

Mon- Fri 9:00am-5:30pm

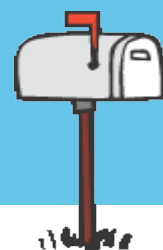
Sat-Sun: 10:00am- 4:00pm

Location:

4020 Lakeland Ave North

Robbinsdale, MN 55422

763-277-1001



JOIN OUR MAILING LIST!

If you would like to join our mail or e-mail list, please e-mail your request to sschmidt@copperfieldhill.com. If you have questions about becoming a resident of Copperfield Hill, feel free to contact us at (763) 277-1001 or visit us on the web at www.copperfieldhill.com

Contacts:

Executive Director

Todd Klein

Director, Building Services

Wes McCarty

Marketing

Sherry Schmidt

Charlotte Hoes

Jessica Boden

Director, Dietary Services

Brian Kesanen

Nursing

Olivia Caspers, RN

Lindsey Scribner, RN

Grace Diego, RN

LaDonna Bateman, LPN

Sandra Williams, LPN

Amy Broszko, LPN

Director, Recreation & Wellness

Beth Sutton

Activity Directors

Brenda Warner

Jennifer Marcuson

Pastor

Jan Hartsook

Building Assistant Manager

Mary Ngeru

Marci Franz

Event Highlights for April

Manor

April 4th at 4:30 pm	A Night in Paris
April 6th at 11:00 am	Lunch outing to Bunny's Bar & Grill
April 11th at 2:00 pm	Birthday Party with Mary Franz
April 13th at 10:30 am	Bus trip to HyVee store
April 18th at 2:30 pm	Happy Hour with Steve Thompson
April 20th at 10:00 am	Outing to Walmart and lunch at Lynde's
April 23rd at 2:30 pm	French trivia and pastries
April 30th at 2:30 pm	Chocolate Lover's Support Group

Lodge*

April 4th at 12:30 pm	Willow Creek
April 9th at 12:15 pm	Target
April 11th at 4:30 pm	A Night in Paris
April 12th at 1:15 pm	Walmart
April 25th at 10:30 am	Como Zoo

*Tuesdays and Thursdays at 2:00 pm Exercise Class



Hearing Aid Clinic

Free hearing aid clinic Tuesday, April 24th at 9:00-11:00 am in the Manor Community Room. **Please note the new time.**



Leisure Age

The "New" Leisure Age program will be held on April 19th at Robbinsdale United Church of Christ. This fresh start to an old favorite has been a big hit. Please join us for some mid-day games, food and entertainment. Here are the details:

Date: Thursday, April 19th, 2018

Time: 11:00 am—1:30 pm

Location: Robbinsdale United Church of Christ, 4200 Lake Road*

Activities: Cards and Games, Light Lunch & Music with Bill Cagley

Cost: \$5.00

Questions and RSVP contact: Manor or Lodge Reception

*Bus/van transportation available

Memory Care Moments



What a celebration. Thank you to the Caring Companions who joined the Manor Memory Care Residents for their St. Patrick's Day Party last month. Everyone had a good time playing BINGO and enjoying some St. Patrick's Day treats.



Copperfield was proud to be a part of The Music Performance Trust Fund Sponsorship. The American Federation of Musicians, or Musician Fest Program offers grants for senior centers to pay for a solo musician to perform for their residents. We were lucky to have Paul Heffron perform a musical medley of some favorite "old time songs".



Notes from Pastor Jan

We will be hosting our spring Resident/Pastor Brunch on Thursday, April 26th at 11:00 am in the Manor Dining Room. Please let Pastor Jan know if you would like to send an invitation to your pastor. We look forward to another wonderful gathering.

Copperfield's new Van Driver

Meet Al, Copperfield Hill's new bus driver. Originally from St. Louis Park, he has been living in Robbinsdale for the last 10 years with his wife and son. Al comes to us with 30 year's experience of driving a bus and being a mechanic. His hobbies include, building model cars and going to car shows with his son. Welcome to the Copperfield Hill family Al, we are glad you are with us!



Welcome Neighbors!

Ginko L.

Tom K.

Ken O.

Therese M.

Ron S.

Jonathan R.

Alan D.

Sheryl S.

Lorraine & David A.

Resident Referral Gift

Welcome to many new residents. Thanks to all of you who have recently made referrals. Remember, there is a \$500 referral gift for those referring to the Manor and a gift card for those referring to the Lodge.



Happenings from the Recreation and Wellness Department

Well, Spring has sprung, but the weather sure isn't cooperating. Snow on Easter? That is no April Fool's joke but warmer temperatures are not far behind. In March, residents were busy with various activities. We had many activities revolving around the country of Ireland. The residents kicked off the month by painting on canvas. They created pictures of shamrocks, rainbows and pots of gold. It is always fun seeing the creativity of the residents during Arts & Crafts. Many Irish movies were shown on Thursday evenings and Saturday afternoons. The residents get their "passports" stamped for each activity they come to regarding the represented country. Our new bus driver, Al, took us to several restaurants this month, including an Irish restaurant in Maple Grove. Our happy hour was lively with an accordionist and drummer playing Irish tunes that the residents could dance to. We also had a New Resident Welcome party in the Dining Room. Thanks go out to our Welcome Committee and Orientation Committee. The food that Chef Brian prepared was delicious, as always! The month ended with an outing to Red Lobster on Good Friday. As we welcome April, watch for some exciting programs regarding the next stop on our around the world tour—France. We will kick off April with a delicious Paris themed dinner prepared by Chef Brian. May everyone have a safe and spectacular April!



~ Beth Sutton



Arts and Crafts painting project, tax prep , Al loading up the bus for an outing, stuffing eggs for the Chamber of Commerce Egg-stravaganza and enjoying a "pint" at the Irish pub.



FRANCE*

We travel this month to France. There is no shortage of wonderful things to say about this beautiful country. With its rich history and beautiful and diverse landscape, France remains among one of the most important nations in the Western World. France has played a significant role in international affairs with its country's location in Europe and colonies in every corner of the globe. Major geographic boundaries such as the Alps and the Pyrenees, as well as the Atlantic Ocean and Mediterranean Sea define France's position in Europe. The diverse landscape also allows France to be a large agricultural producer.

From grapes to cheese and fish to pastry, France dominates as a leading agricultural producer in the European Union. Besides its agricultural contributions, France is also a major tourist destination and fashion capital.



France's official name is the French Republic (République Française). It became a republic in 1792 as a result of the French Revolution against centuries of royal rule. The Revolution started with the storming of the Bastille fortress on the 14th of July, 1789, an event that is celebrated every year all over France, known as Bastille Day.

Today, France still retains 15 territories overseas, including Martinique, Guadeloupe, French Guiana, Réunion and Mayotte. Back on the mainland, Metropolitan France (including Corsica) is divided into 13 regions and subdivided into 96 *départements*. The country's colonial past is one reason why there are more than five million people of Arab and African descent living in France.

France has one of the largest economies in the Eurozone, after Germany. France is one of the largest exporters of luxury goods in the world, with the top four companies Cartier, Chanel, Hermes and Louis Vuitton alone worth billions. France's main exports include aircraft, food, chemicals, industrial machinery, iron and steel, electronics, motor vehicles and pharmaceuticals.

Approximately, three quarters of France's 66.4 million population live in urban areas. Paris, the capital, has 2.2 million inhabitants alone, with metropolitan Paris home to around 12.4 million people, according to the national statistic office (INSEE). France has the second largest population in Europe after Germany, making up 13 percent of the European Union. France had Europe's highest birth rate in 2014 according to the OECD, with the average age for women giving birth at around 30 years.

Work-life balance in France ranks 12th out of all OECD countries. French workers retire younger than in other OECD countries; in the 2012 report, the average age was 59.7 years for men and 60 for women, compared to the OECD averages of 64.2 and 63.3. People can claim a state pension at 62, which is one of the lowest retirement ages in the world.

*www.expatica.com/fr/about/30-interesting-facts-about-France_109142.html

www.britannica.com/place/France



Quick Facts:

Head of State: President, Emmanuel Macron

Official name: République Française (French Republic)

Form of Government: republic with two legislative houses (Parliament; Senate & National Assembly)

Capital: Paris

Monetary Unit: Euro

Total Area: 210,026 square miles

Population: 66.4 million

The History of April Fool's Day

The true origins of April Fool's Day remains a mystery to historians. There are a handful of theories as to how this goofy holiday came to be. Stories of April Fool's Day date back to 1582, when the French were changing from the Julian calendar to the Gregorian calendar, as called for by the Council of Trent in 1563. Under the new calendar the New Year began January 1st. Those who were a "fool" and hadn't received the news were found celebrating the "new year" at the end of March into April. These people became the butt of jokes and hoaxes. An alternate theory explores the idea that April Fool's Day is based around the Spring Equinox, the changing of seasons. This idea evolved because Mother Nature has a tendency of "fooling" us with the unpredictable weather.



April Fools' Day spread throughout Britain during the 18th century. In Scotland, the tradition became a two-day event, starting with "hunting the gowk," in which people were sent on phony errands (gowk is a word for cuckoo bird, a symbol for fool) and followed by Tailie Day, which involved pranks played on people's derrieres, such as pinning fake tails or "kick me" signs on them. In modern times, people have gone to great lengths to create elaborate April Fools' Day hoaxes. Newspapers, radio and TV stations and Web sites have participated in the April 1st tradition of reporting outrageous fictional claims that have fooled their audiences.

www.history.com/this-day-in-history/april-fools-tradition-popularized



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