

THE CHATTER

A Copperfield Hill Newsletter

HISTORY OF FATHER'S DAY

Father's Day is a day set aside each year on the third Sunday in June. This year we will honor the father's on Sunday, June 18th. Many of us spend the day celebrating our fathers and the men in our lives, however we are not aware of the great lengths it took to initiate a national holiday.

Senora Louise Dodd of Spokane, Washington is the woman behind the driving force to provide a day to honor fathers. In 1909, Senora Louise Dodd was attending a church service in her hometown and listened to a church sermon on Mother's Day. She was inspired to push for a similar recognition for fathers. Her father, William Jackson Smart, was a Civil War Veteran, raised six children as a single parent.

On June 6, 1910, Dodd presented a petition with substantial support to the Spokane Ministerial Association and the local Young Men's Christian Association (YMCA). She initiated the first Father's Day on Sunday, June 19, 1910, with speeches by her pastor and surrounding churches.

Woodrow Wilson was the first president in 1916 to encourage the set aside day for fathers. However, this did not gain approval by the remaining congress. Dodd did not give up on her efforts. She took her mission on the road to gain momentum throughout the United States.

Father's Day was officially recognized as a federal holiday in 1972 with Nixon signing an official proclamation to declare the third Sunday of June as a day to honor father's permanently.

SOURCE: <https://www.farmersalmanac.com/when-fathers-day>



"If a June night could talk, it would probably boast it invented romance."
~Bernard Williams



June 2023



Trivia Quiz:

1. Who invented the first chocolate bar?
2. What do the initials, M&M, stand for?
3. How many times does Mr. Owl lick the tootsie pop before biting into it?
4. What company is America's oldest continually operating candy company?
5. What year was bubble gum invented?
6. What was the Lollipop named after?
7. What was the day job of the inventor of cotton candy?
8. What candy bar was included in American soldiers' rations during the second world war?
9. What is the best-selling candy in the whole world?
10. What nation consumes twice the amount of candy as the US?

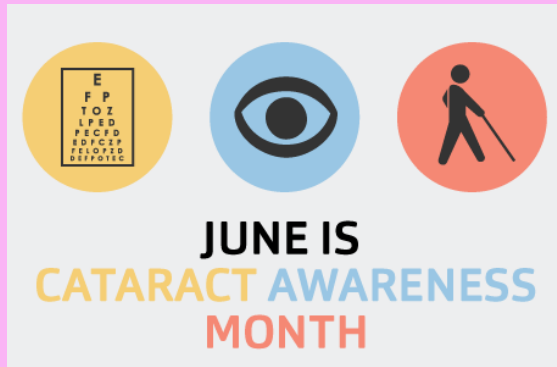
ASK THE EXPERT //

Cataracts are the leading cause of vision loss in America. Cataracts cause cloudy or yellowed vision. They can obstruct night vision and cause double vision. The cataract stops light from properly passing through to the retina.

Risk factors for cataracts include:

- Long-term UV exposure from the sun
- Inflammation in the eye
- Heredity
- Eye injuries/diseases
- Smoking

Cataracts are not only a Senior Citizen concern either. Although most signs and symptoms of cataracts don't show until at least age 40, cataracts can affect young adults and children on occasion.



“And since all this loveliness cannot be Heaven, I know in my heart it is June.” ~Abba Woolson

SUMMER CONCERTS

June Concert Series

1:30 pm

Manor Front Drive

Wednesday, June 7th

CODA

Saxophone/Keyboard Duet



UPDATES

As a result of the end of the COVID-19 Public Health Emergency, the restrictions, infection prevention and control practices used at Copperfield Hill will depend on our community outbreak status.

No Community Outbreak Present

- Do not have to wear a face mask.
- Visitors may attend group activities in the community and meals in the Dining Room*
- Visitors may visit with residents beyond the resident(s) they are there to see.
- Visitors may have visits in the common areas of the building.

* Please contact the Front Desk in advance if you plan to attend an activity or meal.

CATARACT AWARENESS

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Cataracts in a child can be present at time of birth or can develop after birth. Without proper treatment, children with cataracts could develop a poor visual pathway between their brain and their eyes, causing vision impairments.

There is no proven way to prevent cataracts from developing as we age. Luckily since they are so prevalent, they are easy to treat. The most common solution is cataract surgery. The doctor will remove the clouded lens of the eye and replace it with an intraocular lens. The surgery typically takes 20 minutes and most people are able to return to their normal life in a short period of time.

Sources: <https://preventblindness.org/>



Healthy Eye



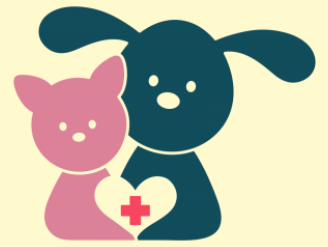
Clear Lens



Eye with cataract



Lens clouded by cataract



North Star Therapy Animal Visit

Thursday, June 8
1:00 PM

Manor 4th Floor
Media Room

Copperfield PHOTOS



BUILDING CORNER

National Gardening Week

June 4 - 10, 2023

Get your spades ready! No matter if you have one plant or hundreds, now is a perfect time to develop a green thumb!

Copperfield Hill has expanded the number of raised flower beds available for resident use.

We are excited to watch them flourish as summer progresses!



National American Eagle Day - June 20

The Bald Eagle was selected as the U.S.A.'s National Symbol on the Great Seal by our country's Founding Fathers on June 20, 1782 by the Second Continental Congress.



The Seal is a symbol of our Independent Nation and self-government. The eagle holds a scroll in its beak with the motto *E Pluribus Unum*, meaning "Out of Many, One" in Latin; in one claw an olive branch, a symbol of peace, and a bundle of arrows, a symbol of war, in the other. The number thirteen is repeatedly used on the seal to represent the 13 original colonies; 13 stars on the crest above the eagle, 13 stripes on the shield, 13 arrows, 13 olives and leaves and 13 letters in the motto.

For over 200 years now, the Bald Eagle has served as the pride of America's skies and the living symbol of all that we Americans stand for: Freedom, Courage, Strength, Spirit, and Excellence.



The Bald Eagle is deeply rooted in our nation's heritage, folklore and environment, and has special meaning to many Americans.

Sources:

<https://www.eagles.org/take-action/american-eagle-day-2022>

<https://bensguide.gpo.gov/j-great-seal>

EVENTS

June 3	World Bicycle Day
June 5	World Environment Day
June 6	D-Day
June 14	Flag Day
June 18	Father's Day
June 21	Summer Solstice
June 28	Nat'l Paul Bunyan Day

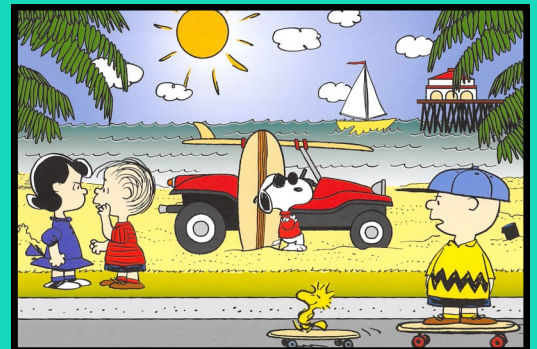
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Answers to June Quiz:

1. Joseph Fry
2. Mars and Murrie
3. Three
4. Ye Olde Pepper Companie
5. 1928
6. A racehorse, Lolly Pop (1908)
7. A Dentist
8. Hershey Bar
9. Snickers
10. Germany

MEMORIAL DAY PICNIC

