


















COPPERFIELD HILL WEEKLY MENU





BREAKFAST 8:00am-9:30am

MONDAY 26-Sep	TUESDAY 27-Sep	WEDNESDAY 28-Sep	THURSDAY 29-Sep	FRIDAY 30-Sep	SATURDAY 1-Oct	SUNDAY 2-Oct
Cold Cereal or Oatmeal Scrambled Eggs Sausage & Hash Brown Seasonal Fresh Fruit    Coffee, Juice, or Milk	Cold Cereal or Oatmeal Pancakes sausage Seasonal Fresh Fruit Coffee, Juice, or Milk	Cold Cereal or Oatmeal   Cheesy-Scrambled eggs & Ham Hash Browns Seasonal Fresh Fruit Coffee, Juice, or Milk	Cold Cereal or Oatmeal Blueberry Pancakes Sausage Seasonal Fresh Fruit  Coffee, Juice, or Milk	Cold Cereal or Oatmeal Veggie Scrambled eggs home fries Seasonal Fresh Fruit   Coffee, Juice, or Milk	Cold Cereal or Oatmeal Scrambled Eggs Hash Brown Sausage    Coffee, Juice, or Milk	Cold Cereal or Oatmeal Pancakes sausage Seasonal Fresh Fruit Coffee, Juice, or Milk

LUNCH 11:00am-12:30pm

Split Pea and Ham Soup Sourdough Baugette  Dessert Chef's Choice Or Fresh Fruit	Crispy Fish Coleslaw and Baked Beans  Dessert Chef's Choice Or Fresh Fruit	  Autumn Salad with Chicken Apples and Walnuts Served With Roll Dessert Chef's Choice Or Fresh Fruit	Sloppy Joes Jo-Jo Potatoes  Dessert Chef's Choice Or Fresh Fruit	Chicken Tenders Bean Salad Tater Tots  Dessert Chef's Choice Or Fresh Fruit	Beef And Broccoli Stirfry White Rice & Eggroll Requires Dinner Ticket Dessert Chef's Choice Or Fresh Fruit	Chicken Fried Steak Biscuit Trio Vegetable Requires Dinner Ticket Dessert Chef's Choice Or Fresh Fruit
--	--	--	---	---	--	--

DINNER 4:00pm-5:30pm

Lemon Caper Whitefish Baked Potato Steamed Vegetable  Dessert Chef's Choice Or Fresh Fruit	Meatloaf Mashed Potatoes Corn Medley Dessert Chef's Choice Or Fresh Fruit	Pork Pot Roast Sweet Potatoes Brussel Sprouts   Dessert Chef's Choice Or Fresh Fruit	Glazed Ham Steaks Obrien Potatoes & Corn  Dessert Chef's Choice Or Fresh Fruit	Swedish Meatballs Mashed Potatoes Steamed Vegetable Dessert Chef's Choice Or Fresh Fruit	Turkey Tetrazinni Casserole Breadstick & Side Salad Requires Lunch Ticket Dessert Chef's Choice Or Fresh Fruit	Ham Salad Sandwich Pickled Beets and Cottage Cheese Requires Lunch Ticket Dessert Chef's Choice Or Fresh Fruit
--	---	---	--	--	--	--