









COPPERFIELD HILL WEEKLY MENU








BREAKFAST

8:00am-9:30am

MONDAY 5-Sep	TUESDAY 6-Sep	WEDNESDAY 7-Sep	THURSDAY 8-Sep	FRIDAY 9-Sep	SATURDAY 10-Sep	SUNDAY 11-Sep
 Cold Cereal or Oatmeal  Scrambled Eggs Bacon & English Muffin Seasonal Fresh Fruit Coffee, Juice, or Milk	Cold Cereal or Oatmeal Pancakes sausage Seasonal Fresh Fruit Coffee, Juice, or Milk	 Cold Cereal or Oatmeal  Cheesy-Ham Scrambled Eggs with Hashbrown Seasonal Fresh Fruit Coffee, Juice, or Milk	Cold Cereal or Oatmeal French Toast Bacon Seasonal Fresh Fruit Coffee, Juice, or Milk	 Cold Cereal or Oatmeal  Chef's Breakfast Hash scrambled eggs Seasonal Fresh Fruit Coffee, Juice, or Milk	Cold Cereal or Oatmeal Blueberry Pancakes Sausage Seasonal Fresh Fruit Coffee, Juice, or Milk	 Cold Cereal or Oatmeal  Veggie Scrambled eggs home fries Seasonal Fresh Fruit Coffee, Juice, or Milk





LUNCH

11:00am-12:30pm

Happy Labor Day!  Fried Chicken Corn and Green Beans Mashed Potatoes Coleslaw Dessert Strawberry Rhubarb Pie	 Chicken Cesar Salad Breadstick Dessert Chef's Choice Or Fresh Fruit	 Pulled Pork Sandwich Chips & Coleslaw Dessert Chef's Choice Or Fresh Fruit	 Beef Chili with Sour Cream and Cheese Served with Corn Muffin Dessert Chef's Choice Or Fresh Fruit	Hot Ham and Cheese Applesauce & Pickled Beets Dessert Chef's Choice Or Fresh Fruit	  Beef Pot Roast Mashed Potatoes California Vegetables Requires Dinner Ticket Dessert Chef's Choice Or Fresh Fruit	 Maple Dijon Pork Sweet Potato Green Beans Requires Dinner Ticket Dessert Chef's Choice Or Fresh Fruit
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DINNER

4:00pm-5:30pm

Boxed Meal Deli Sandwich Applesauce Chips Dessert Cookie	 Ham Steaks Scalloped Potatoes Glazed Carrots Dessert Chef's Choice Or Fresh Fruit	 Coconut Lime Chicken Served With Roll Corn Medley Dessert Chef's Choice Or Fresh Fruit	Stirfried Pork chow mein With Eggroll Dessert Chef's Choice Or Fresh Fruit	 BBQ Chicken Brown Rice Zucchini and Squash Dessert Chef's Choice Or Fresh Fruit	Turkey Goulash Dinner Roll & Steamed Corn Requires Lunch Ticket Dessert Chef's Choice Or Fresh Fruit	 Egg Salad Sandwich Chips & Pickle Requires Lunch Ticket Dessert Chef's Choice Or Fresh Fruit
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LOW SUGAR



GLUTEN FREE



LOW SODIUM