

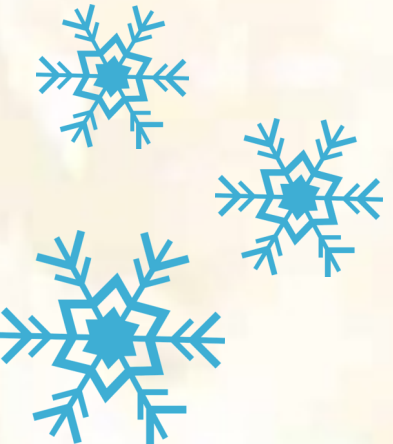


December 2021 Memory Care Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Key: Lodge Memory Care—LMC Manor Memory Care—MMC For events that occur in both the Lodge and the Manor, the activity will take place first in the location listed first after the activity. All evening and weekend activities take place in both the Lodge and the Manor.	Calendar is subject to change—See Daily Board for updates. BLUE activities are with Bailey RED activities are supervised by the aides. GREEN activities are outings or provided by outside groups. BLACK activities happen daily in both Lodge and Manor and are done by Bailey or aides.		1 Nat'l Christmas Lights Day Daily Delight Delivery Bailey's Breakfast Visits Morning Chair Yoga (MMC/LMC) Morning Coffee Social (MMC/LMC) Classic Music Café/Lunch Afternoon Holiday Decorating (MMC/LMC) Afternoon Trivia & Snack (MMC/LMC) Supper Time Music Rockefeller Christmas Tree Lighting (TV)	2 Daily Delight Delivery Bailey's Breakfast Visits Morning Word Puzzles (LMC/MMC) Morning Radio Show (MMC/LMC) Classic Music Café/Lunch 1:00 Music Therapy & Movement w/ Stephanie (MMC) 1:45 Music Therapy & Movement w/ Stephanie (LMC) Afternoon Water Color Art (MMC/LMC) Supper Time Music Evening Blowing Bubbles	3 Daily Delight Delivery Bailey's Breakfast Visits Morning Exercise (MMC/LMC) Morning Reminiscence (MMC/LMC) Classic Music Café/Lunch Afternoon Card Making for Salvation Army (MMC/LMC) Afternoon Movie & Popcorn—It's a Wonderful Life (MMC/LMC) Supper Time Music Evening Magazine Reading	4 Daily Delight Delivery Morning Balloon Toss Morning Coffee Social Classic Music Café/Lunch Afternoon Activity Cart Afternoon Colored Pencil Art Supper Time Music 6:00 Classic TV Show
5 Daily Delight Delivery Morning Puzzles Sunday Morning Services (TV) Classic Music Café/Lunch 12:00 Vikings Game (TV) Afternoon Walk the Hallways Afternoon Snack and Reminiscence Supper Time Music Evening Hand Lotion and Massages	6 Walt Disney Day Daily Delight Delivery Bailey's Breakfast Visits 10:00 Worship with Pastor Jan (MMC) Morning Worship Music Listening (LMC) Morning Art & Puzzles (MMC/LMC) Classic Music Café/Lunch 1:00 Scenic Drive (LMC—outing) Afternoon Virtual Disneyworld Tour (LMC/MMC) Supper Time Music Evening Aromatherapy	7 Pearl Harbor Day Daily Delight Delivery Bailey's Breakfast Visits Morning Parachute Exercise (MMC/LMC) Morning Activity Cart (MMC/LMC) Classic Music Café/Lunch 1:30 December Birthday Party Entertainment: Bobby & Christine (MMC) Afternoon Virtual Concert & Snack (LMC) Afternoon Table Games (MMC/LMC) Supper Time Music 6:30 Wheel of Fortune (TV)	8 Nat'l Brownie Day Daily Delight Delivery Bailey's Breakfast Visits Morning Fun & Fitness (MMC/LMC) Morning Coffee Social (MMC/LMC) Classic Music Café/Lunch Afternoon Snack & Reminiscence—Brownies (MMC/LMC) Afternoon Nature Documentary (MMC/LMC) Supper Time Music Evening Puzzles	9 Daily Delight Delivery Bailey's Breakfast Visits (MMC/LMC) Morning Word Puzzles (MMC/LMC) Morning Radio Show (LMC/MMC) Classic Music Café/Lunch 1:00 Music Therapy & Movement w/ Stephanie (MMC) 1:45 Music Therapy & Movement w/ Stephanie (LMC) Afternoon Activity Cart (MMC/LMC) Supper Time Music Evening Read Aloud & Reminiscence	10 Daily Delight Delivery Bailey's Breakfast Visits Morning Exercise (MMC/LMC) Morning Reminiscence (MMC/LMC) Classic Music Café/Lunch Afternoon Manicures (MMC/LMC) Afternoon Movie & Popcorn—The Polar Express (MMC/LMC) Supper Time Music Evening Magazine Reading	11 Daily Delight Delivery Morning Balloon Toss Morning Coffee Social Classic Music Café/Lunch Afternoon Activity Cart Afternoon Colored Pencil Art Supper Time Music 6:00 Classic TV Show
12 Daily Delight Delivery Morning Puzzles Sunday Morning Services (TV) Classic Music Café/Lunch Afternoon Walk the Hallways Afternoon Snack and Reminiscence Supper Time Music Evening Hand Lotion and Massages	13 Nat'l Cocoa Day Daily Delight Delivery Bailey's Breakfast Visits 10:00 Worship with Pastor Jan (LMC) Morning Worship Music Listening (MMC) Morning Hot Chocolate Social (MMC/LMC) Classic Music Café/Lunch Afternoon Fun & Fitness (MMC/LMC) 3:00 Bible Study with Pastor Jan (LMC) 3:30 Bible Study with Pastor Jan (MMC) Supper Time Music Evening Aromatherapy	14 Daily Delight Delivery Bailey's Breakfast Visits Morning Balloon Exercise (MMC/LMC) Morning Activity Cart (MMC/LMC) Classic Music Café/Lunch Afternoon Name That Tune—Christmas Carols (MMC/LMC) Afternoon Table Games (MMC/LMC) Supper Time Music 6:30 Wheel of Fortune (TV)	15 International Tea Day/National Wear Your Pearls Day Daily Delight Delivery Bailey's Breakfast Visits Morning Chair Yoga (MMC/LMC) Morning Activity Cart (MMC/LMC) Classic Music Café/Lunch Afternoon High Tea (MMC/LMC) Afternoon Wednesday Water Colors (MMC/LMC) Supper Time Music Evening Read Aloud & Reminiscence	16 Daily Delight Delivery Bailey's Breakfast Visits Morning Word Puzzles (LMC/MMC) Morning Radio Show (MMC/LMC) Classic Music Café/Lunch 1:30 Christmas Party—visit from Santa (LMC) Afternoon Craft—Making Christmas Ornaments (MMC) Afternoon Trivia & Snack (MMC/LMC) Supper Time Music	17 Nat'l Ugly Sweater Day—wear your favorite ugly sweater! Daily Delight Delivery Bailey's Breakfast Visits Morning Exercise (MMC/LMC) Morning Reminiscence (MMC/LMC) Classic Music Café/Lunch Afternoon Movie & Popcorn—White Christmas (MMC/LMC) Supper Time Music Evening Magazine Reading	18 Daily Delight Delivery Morning Balloon Toss Morning Coffee Social Classic Music Café/Lunch Afternoon Activity Cart Afternoon Colored Pencil Art Supper Time Music 6:00 Classic TV Show

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19 Daily Delight Delivery Morning Puzzles Sunday Morning Services (TV) Classic Music Café/Lunch Afternoon Walk the Hallways Afternoon Snack and Reminiscence Supper Time Music Evening Hand Lotion and Massages	20 Nat'l Games Day Daily Delight Delivery Bailey's Breakfast Visits 10:00 Worship with Pastor Jan (MMC) Morning Worship Music Listening (LMC) Morning Table Games (MMC/LMC) Classic Music Café/Lunch 1:00 Scenic Drive (MMC—outing) Afternoon Virtual Scenic Tour (MMC/LMC) Supper Time Music 7:00 Vikings Game (TV)	21 Winter Solstice/ Nat'l Crossword Puzzle Day Daily Delight Delivery Bailey's Breakfast Visits Morning Exercise (MMC/LMC) Morning Crossword Puzzles (MMC/LMC) Classic Music Café/Lunch 1:30 Christmas Party—visit from Santa (MMC) Afternoon Christmas Ornament Making (LMC) Afternoon Colored Pencil Art (MMC/LMC) Supper Time Music 6:30 Wheel of Fortune (TV)	22 Daily Delight Delivery Bailey's Breakfast Visits Morning Fun & Fitness (MMC/LMC) Morning Coffee Social (MMC/LMC) Classic Music Café/Lunch Afternoon Baking Craft—Festive Cookies (MMC/LMC) Afternoon Nature Documentary (MMC/LMC) Supper Time Music Evening Read Aloud & Reminiscence	23 Daily Delight Delivery Morning Word Puzzles (MMC/LMC) Morning Radio Show (LMC/MMC) Classic Music Café/Lunch Afternoon Christmas Bingo (MMC/LMC) Afternoon Craft—Making Christmas Ornaments (LMC) Afternoon Activity Cart (MMC/LMC) Supper Time Music Evening Puzzles	24 Christmas Eve Daily Delight Delivery Morning Exercise (MMC/LMC) Morning Activity Cart (MMC/LMC) Classic Music Café/Lunch Afternoon Christmas Treats & Reminiscence (MMC/LMC) Supper Time Music Evening Movie—Miracle on 34th St	25 Christmas Day Daily Delight Delivery Morning Balloon Toss Morning Coffee Social Classic Music Café/Lunch Afternoon Christmas Party Afternoon Activity Cart Supper Time Music 6:00 Classic TV Show
26 Daily Delight Delivery Morning Puzzles Sunday Morning Services (TV) Classic Music Café/Lunch 12:00 Vikings Game (TV) Afternoon Walk the Hallways Afternoon Snack and Reminiscence Supper Time Music Evening Hand Lotion and Massages	27 Nat'l Fruitcake Day Daily Delight Delivery 10:00 Worship with Pastor Jan (LMC) Morning Worship Music Listening (MMC) Morning Art & Puzzles (MMC/LMC) Classic Music Café/Lunch Afternoon Exercise Video (MMC/LMC) 3:00 Christmas Worship with Pastor Jan (LMC) 3:30 Christmas worship with Pastor Jan (MMC) Supper Time Music Evening Aromatherapy	28 Daily Delight Delivery Bailey's Breakfast Visits Morning Parachute Exercise (MMC/LMC) Morning Activity Cart (MMC/LMC) Classic Music Café/Lunch 1:30 December Birthday Party Entertainment: Bobby & Christine (LMC) Afternoon Virtual Concert (MMC) Afternoon Colored Pencil Art (MMC/LMC) Supper Time Music 6:30 Wheel of Fortune (TV)	29 Daily Delight Delivery Bailey's Breakfast Visits Morning Chair Yoga (MMC/LMC) Morning Coffee Social (MMC/LMC) Classic Music Café/Lunch Afternoon PokUNO (MMC/LMC) Afternoon Wednesday Water Colors (MMC/LMC) Supper Time Music Evening Read Aloud & Reminiscence	30 Daily Delight Delivery Morning Word Puzzles (LMC/MMC) Morning Radio Show (MMC/LMC) Classic Music Café/Lunch Afternoon Trivia & Snack (MMC/LMC) Afternoon Activity Cart (MMC/LMC) Supper Time Music Evening Blowing Bubbles	31 New Year's Eve Daily Delight Delivery Bailey's Breakfast Visits Morning Exercise (MMC/LMC) Morning Reminiscence (MMC/LMC) Classic Music Café/Lunch New Year's Eve Party (MMC/LMC) Afternoon Movie & Snack—New Year's Eve (MMC/LMC) Supper Time Music Evening Magazine Reading	
	December Holidays Dec 1 National Christmas Lights Day Dec 6 Walt Disney Day Dec 7 Pearl Harbor Remembrance Day Dec 8 National Brownie Day Dec 13 National Cocoa Day	Dec 15 International Tea Day/National Wear Your Pearls Day Dec 17 National Ugly Sweater Day Dec 20 National Games Day Dec 21 Winter Solstice/ National Crossword Puzzle Day	Dec 24 Christmas Eve Dec 25 Christmas Day Dec 27 National Fruitcake Day Dec 31 New Year's Eve	December Birthdays Helen F. Dec 8 Norm S. Dec 8 Alice G. Dec 9 Ginko L. Dec 13 Carol C. Dec 27 		Did you know.... Christmas celebrates the birth of Jesus Christ. Though no one knows the exact date of his birth, celebrating Christmas on December 25 dates back to the first Christian historian Sextus Julius Augustus around 221 A.D.