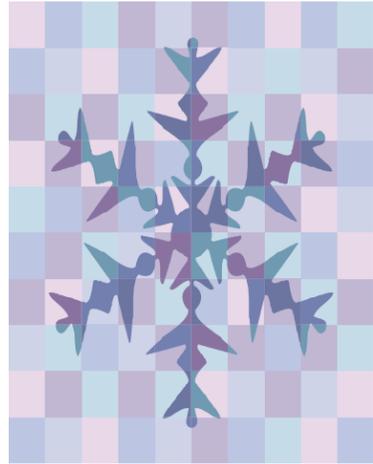


# January 2020

## Community Calendar for Memory Care

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<b>1 New Year's Day</b> <b>Morning Activities</b> Music Memories Balloon Toss Exercise 10:00 Tournament of Roses Parade/T.V. 11:30 Classical Café/Lunch 12:30 Polka Spotlight/T.V. <b>Afternoon Activities</b> New Years' Trivialities and Marker Art & Music Snack & Refreshments	<b>2</b> <b>Morning Activities</b> 10:00 Beauty Shop Escorts Hokey Pokey w/Brenda/MMC Trivia Time/MMC Puzzle Pieces w/Aides/LMC 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V. <b>Afternoon Activities</b> 1:30 New Year Bingo/LMC "Bubbly & Snacks"/LMC Activity Cart w/Aides/MMC	<b>3 Take Down Tree</b> <b>Morning Activities</b> 10:00 Help Take Down Tree & Decorations/MMC Table Games/LMC 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V. <b>Afternoon Activities</b> 1:30 Help Take Down Tree & Decorations/LMC Table Games/MMC Coffee Break & Reminisce	<b>4</b> <b>Morning Activities</b> Morning Newspaper Marker Art & Music Coffee Social 11:30 Classical Café <b>Afternoon Activities</b> Afternoon Matinee/LMC Hand Soaks & Manicures/MMC Cookie Social & Music 6:00 Lawrence Welk/tv
<b>5</b> <b>Morning Activities</b> 10:00 Worship Service/MCR Puzzle Pieces/Sorting 11:00 Classical Café/Lunch 12:30-1:30 Relaxation Time <b>Afternoon Activities</b> 12:00 Vikings Football/TV FOX Coffee & Cookie Social Balloon Volley Ball Help Set Tables	<b>6 Church Service</b> <b>Morning Activities</b> 10:00 Church Service/Lodge 10:30 Beauty Shop Escorts Table Games w/Aides/MMC 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V. <b>Afternoon Activities</b> 1:30 Make Bird Feeders/MMC 2:30 Make Bird Feeders/LMC Refreshments & Reminisce	<b>7 MacPhail/Artsy Smartsy</b> <b>Morning Activities</b> 10:00 Church Service/MMC Balloon Volley Ball/LMC 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V. <b>Afternoon Activities</b> 1:00 Artsy Smartsy/Lodge 1:30 MacPhail Music/LMC B-I-N-G-O/MMC 3:00 Reminisce Time/Lodge	<b>8</b> <b>Morning Activities</b> 10:00 Hokey Pokey w/Brenda and Trivia Time/MMC Morning Matinee'/LMC 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V. <b>Afternoon Activities</b> 1:30 Help Clean Activity Cart 2:30 Help Clean Activity Cart Word Puzzles & Coffee	<b>9 Caring Companions</b> <b>Morning Activities</b> 10:00 Beauty Shop Escorts 10:00 PRIZE B-I-N-G-O/MMC Balloon Toss Exercise/LMC 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V. <b>Afternoon Activities</b> 1:30 Caring Companions visit Lodge Memory Care Marker Art & Music/MMC	<b>10 B-I-N-G-O</b> <b>Morning Activities</b> Group Ball Toss w/Aides/MMC Men's "Spa" Time/Manicures & Grooming w/Brenda/LMC 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V. <b>Afternoon Activities</b> 1:30 Soda Pop Bingo/LMC Word Puzzles w/Aides/MMC 6:30 Movie Night with Snacks	<b>11</b> <b>Morning Activities</b> Marker Art & Music Activity Cart w/Aides Coffee Social & News 11:30 Classical Café <b>Afternoon Activities</b> Afternoon Matinee'/LMC Hand Soaks & Lotion Cookie Social & Music 6:00 Lawrence Welk/tv
<b>12</b> <b>Morning Activities</b> 10:00 Worship Service/MCR Puzzle Pieces/Sorting 11:00 Classical Café/Lunch 12:30-1:30 Relaxation Time <b>Afternoon Activities</b> Marker Art & Music Coffee & Cookie Social Balloon Volley Ball Help Set Tables	<b>13 Church Service</b> <b>Morning Activities</b> 10:00 Beauty Shop Escorts 10:00 Church Service w/LMC Table Games/Exercise/MMC 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V. <b>Afternoon Activities</b> 1:30 Music B-I-N-G-O/MMC 3:00 Bible Study w/Jan/LMC 3:30 Bible Study w/Jan/MMC Refreshments & Reminisce	<b>14 Bible Study</b> <b>Morning Activities</b> 10:00 Morning Stretch and Trivia Time w/Brenda/MMC Table Games w/Aides/LMC 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V. <b>Afternoon Activities</b> 1:30 Visit to the Library 4th Floor w/Brenda/MMC 3:00 Bible Study/Lodge Word Puzzles w/Aides/LMC	<b>15 Living Spirit Music</b> <b>Morning Activities</b> 10:00 Exercise & Music And Trivia Time/LMC Hand Soaks & Manicures/MMC 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V. <b>Afternoon Activities</b> 1:15 Living Spirit Music Therapy/LMC 2:15 Living Spirit Music Therapy/MMC Cracker Social & Reminisce	<b>16 Birthday Party</b> <b>Morning Activities</b> 10:00 Beauty Shop Escorts 10:00 Hand Soaks & Manicures/Lotion/LMC Table Games/MMC 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V. <b>Afternoon Activities</b> 1:30 Birthday Party w/Joe Birthday Social/MMC Table Games w/Aides/MMC Help Set Tables	<b>17 Craft Group</b> <b>Morning Activities</b> Group Ball Toss w/Aides/LMC Hand Soaks & Manicures w/Brenda/MMC 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V. <b>Afternoon Activities</b> 1:30 Let's get CRAFTY/LMC 'Snowflake Patterns'/LMC Music B-I-N-G-O/MMC Popcorn Social & Reminisce	<b>18 Sing Along Gary</b> <b>Morning Activities</b> Marker Art & Music Activity Cart w/Aides Coffee Social & News 11:30 Classical Café' <b>Afternoon Activities</b> 1:30 Sing Along w/Gary/LMC Hand Soaks & Lotion/MMC Cookie Social & Music Help Set Tables

# January 2020

## Community Calendar for Memory Care

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>19</b> <b>Morning Activities</b> 10:00 Worship Service/MCR Puzzle Pieces/Sorting 11:00 Classical Café/Lunch 12:30 -1:30 Relaxation Time <b>Afternoon Activities</b> Marker Art & Music Coffee & Cookie Social Balloon Volley Ball Help Set Tables	<b>20 Church Service</b> <b>Morning Activities</b> 10:00 Church Service w/Pastor Jan/Lodge Dining Room Table Games w/Aides/MMC 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V. <b>Afternoon Activities</b> 1:30 Reminisce Time w/Jan/LMC 2:30 Reminisce Time w/Jan/MMC Hot Chocolate Social & Trivia	<b>21 Church Service</b> <b>Morning Activities</b> 10:00 Church Service and Coffee Fellowship Social/MMC "Nose Sensory" Game/LMC 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V. <b>Afternoon Activities</b> 1:30 MacPhail Music/MMC 3:00 Hymn Sing w/Jan/MMC 3:30 Hymn Sing w/Jan/LMC	<b>22 Scenic Ride</b> <b>Morning Activities</b> "This Was the Year" 1965 with Brenda/MMC Hand Soaks & Manicures/LMC 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V. <b>Afternoon Activities</b> 1:30 Scenic Ride w/AI Both Communities "Treats" & Reminisce	<b>23 Birthday Party</b> <b>Morning Activities</b> 10:00 Beauty Shop Escorts 10:00 Hand Soaks & Manicures/Lotion/MMC Balloon Volleyball/LMC 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V. <b>Afternoon Activities</b> 1:30 Birthday Party and Birthday Social/LMC	<b>24</b> <b>Morning Activities</b> 10:00 Snowflake Cutout Patterns/MMC Coffee Break & Treats Morning Stretch w/Aides/LMC 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V. <b>Afternoon Activities</b> 1:30 Fruit Loop Bingo/LMC 3:00 Fruit Loop Bingo/MMC	<b>25</b> <b>Morning Activities</b> Marker Art & Music Activity Cart w/Aides Coffee Social & News 11:30 Classical Café <b>Afternoon Activities</b> Afternoon Matinee'/LMC Hand Soaks & Lotion/ Manor Memory Care Cookie Social & Music
<b>26</b> <b>Morning Activities</b> 10:00 Worship Service/MCR Puzzle Pieces/Sorting 11:00 Classical Café/Lunch 12:30-1:30 Relaxation Time <b>Afternoon Activities</b> Marker Art & Music Coffee & Cookie Social Balloon Volley Ball Help Set Tables 6:30 Movie Night w/Aides	<b>27 Church Service</b> <b>Morning Activities</b> 10:00 Church Service w/Pastor Jan/LMC Coffee Fellowship Social/LMC Activity Cart w/Aides/MMC 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V. <b>Afternoon Activities</b> 1:30 Rhythm Band w/Brenda/LMC 3:00 Bible Study w/Jan/LMC 3:30 Bible Study w/Jan/MMC Refreshments & Reminisce	<b>28 Sing Along w/Gary</b> <b>Morning Activities</b> 10:00 Puzzle Project/MMC Coffee Break & Reminisce Balloon Exercise w/Aides/LMC Trivia Time a/Aides 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V. <b>Afternoon Activities</b> 1:30 Sing Along w/Gary/MMC Soda Pop Social & Music 3:00 Bible Study/Lodge Help Set Tables w/Aides	<b>29 Living Spirit Music</b> <b>Morning Activities</b> "This Was the Year" 1965 with Brenda/LMC Hand Soaks & Manicures/MMC 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V. <b>Afternoon Activities</b> 1:15 Living Spirit Music/LMC 2:15 Living Spirit Music/MMC Refreshments w/Aides Word Puzzles w/Aides Get Ready for Supper	<b>30 Caring Companions</b> <b>Morning Activities</b> 10:00 Beauty Shop Escorts 10:00 Hula-Hoop Exercises with Brenda/MMC Marker Art & Music w/Aides 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V. <b>Afternoon Activities</b> 1:30 Caring Companions Visit Lodge Memory Care Table Games w/Aides/MMC Applesauce Social & Music	<b>31</b> <b>Morning Activities</b> 10:00 Sing Along w/Brenda & Rhythm Band/MMC Tables Games w/Aides 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V. <b>Afternoon Activities</b> 1:30 Rhythm Band & Sing Along w/Brenda Sorting & Fold Clothes w/Aides /MMC Tootsie Roll Pops & Trivia	Activity Schedule is Subject to Change. See Daily Event Board for Updates. <b>Highlighted</b> <b>Escorts and Activities</b> Are with Brenda. <b>Green Activities are</b> <b>Supervised with the</b> <b>Aides.</b> Use Activity Cart For 'Down Times' or for Families!