

## COPPERFIELD HILL FALL WEEKLY MENU

WEEK OF Nov 11th - Nov 17th

### BREAKFAST

| MONDAY<br>Nov 11th                                   | TUESDAY<br>Nov 12th                                      | WEDNESDAY<br>Nov 13th                                | THURSDAY<br>Nov 14th                                 | FRIDAY<br>Nov 15th  | SATURDAY<br>Nov 16th   | SUNDAY<br>Nov 17th                                   |
|--|--|--|--|---|--|--|
| Cold Cereal or Oatmeal<br>(Cream of Wheat Available) | Cold Cereal or Oatmeal<br>(Cream of Wheat Available)     | Cold Cereal or Oatmeal<br>(Cream of Wheat Available) | Cold Cereal or Oatmeal<br>(Cream of Wheat Available) | Cold Cereal or Oatmeal<br>(Cream of Wheat Available)                  | Cold Cereal or Oatmeal<br>(Cream of Wheat Available)               | Cold Cereal or Oatmeal<br>(Cream of Wheat Available) |
| Yogurt Cup<br>Applesauce<br>Raisin Toast             | Scrambled Eggs w/Cheese<br>Sausage Link<br>Toast & Jelly | Cottage Cheese<br>Banana<br>Donut                    | Ham & Cheese Quiche<br>Breakfast Potatoes            | Hard Boiled Eggs<br>Cinnamon Raisin Bagel<br>w/cream cheese<br>Banana | Breakfast Taco<br>(scrambled egg, cheese, sausage<br>Diced Peaches | French Toast Stix<br>Sausage Links<br>Syrup          |
| Coffee, Juice, or Milk                               | Coffee, Juice, or Milk                                   | Coffee, Juice, or Milk                               | Coffee, Juice, or Milk                               | Coffee, Juice, or Milk  | Coffee, Juice, or Milk   | Coffee, Juice, or Milk                               |

### LUNCH

|   |   |   |   |  |   |  |
|---|---|---|---|--|---|--|
| Mushroom Swiss Burger<br>Wedge Fries<br><br>Steamed Cauliflower | Cream of Broccoli Cheddar Soup<br>crackers<br>Chicken Tenders<br>Warm Spiced Apples | Hawaiian Ham Wrap<br><br>Potato Chips<br><br>3 Bean Salad | BLT Chicken Salad<br>(lettuce, tomato, bacon, diced<br>chicken, Shredded Cheddar<br>cheese w/choice of dressing)<br>Peach Slices<br>Dinner Roll | Beef & Bean Chili<br><br>Corn Bread<br>Pear Slices | Breaded Chicken Sandwich<br>w/American Cheese<br>Pasta Salad<br>Buttered Peas | Roast Beef<br>Mashed Potato w/Gravy<br>Creamed Corn<br>Dinner Roll |
| Dessert   | Dessert   | Dessert   | Dessert   | Dessert  | Dessert   | Dessert  |
| Nutty Buddy Bar   | Carnival Cookie   | Dreamsickle Ice Cream Bar                                 | White Macadamia Nut<br>Cookie   | Fruit Cobbler                                      | Jello w/Whip Topping  | Spice Cake w/Frosting  |

### DINNER

|   |  |   |  |  |  |  |
|---|--|---|--|--|--|--|
| BBQ Fried Chicken<br><br>Mac & Cheese<br><br>Buttered Wax Beans | Beef Burgundy<br>Mashed Potatoes/Gravy<br>Green Beans<br>Dinner Roll | Orange Chicken Stir Fry<br>Steamed White Rice<br>Egg Roll | Italian Style Steak<br>Baked Potato w/Sour Cream<br>Steamed Broccoli | Roasted Pork Loin<br>Scalloped Potatoes<br><br>Buttered Corn | Spaghetti & Meatballs<br>in Marinara<br>Side Salad<br>w/choice of dressing | Pork Riblett Sandwich<br>w/BBQ Sauce<br><br>Tator Tots<br><br>Diced Peaches<br>Dessert |
| Dessert   | Dessert  | Dessert   | Dessert  | Dessert  | Dessert  | Dessert  |
| Caramel Brownie   | Chocolate Cake w/Cream Cheese<br>Frosting                            | Banana Pudding<br>w/Vanilla Wafer                         | Yellow Cake<br>w/Chocolate Frosting                                  | Apple Pie  | Strawberry Ice Cream Cup   | Sugar Cookie   |