August 2019

Activities for the Memory Care Community **SUNDAY THURSDAY FRIDAY SATURDAY MONDAY TUESDAY** WEDNESDAY 2 3 1 Caring Companions **Happy Birthday Morning Activities Morning Activities Morning Activities** Joanne S.----7th Morning Stretch & Music Fun & Fitness Exercise w/ Easy Listening Music Our daily schedule with Brenda/LMC Brenda/MMC **Group Balloon Toss** Hand Soaks, Manicures/MMC Tables Games & Music/LMC Coffee Social & Reminisce 10:00 Beauty Shop Escorts 11:30 Classical Café/Lunch 11:30 Classical Café/Lunch **Calendar is Subject to** 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V. **Afternoon Activities Change See Daily Event** Birthdays **Board for Updates.** 12:00 Polka Spotlight/T.V. **Afternoon Activities** Sit Outside & trivia/MMC **Highlighted Activities** and Colored Pencil Art/LMC 2:00 Cheerio Bingo **Afternoon Activities Escorts** are with Brenda. w/Brenda/LMC PRIZES 1:30 Caring Companions visit Cookie Social & Chit-Chat **Green Activities Supervised** Patio Time & Trivia/MMC **Lodge Memory Care** Lotion & Hand Massage with the Aides. Down time Word Puzzles/LMC Root Beer Float Social & Trivia 6:00 Lawrence Welk/T.V. use Activity Carts! 6 MacPhail Music for Life 7 Living Spirit Music **8 Caring Companions** 9 Walking Group 10 **Morning Activities Morning Activities Morning Activities Morning Activities Morning Activities Morning Activities Morning Activities** 10:00 Hokey Pokey Easy Listening Music 10:00 Beauty Shop Escorts 10:00 Nose Sensory Game Morning Stretch & Music Let's go for a Walk/MMC Easy Listening Music w/Brenda/MMC with Brenda/MMC Table Games/Sorting 10:00 Sorting Cards w/Brenda/ with Brenda/MMC **Table Games & Sorting Group Balloon Toss** Group Ball Toss/LMC w/Aides Group Ball Toss/LMC 10:00 Worship Service/MCR **Manor Memory Care** Group Ball Toss/LMC 11:30 Classical Café/Lunch Coffee Social & reminisce

Sit Outside/MMC 11:30 Classical Café/Lunch

Afternoon Activities

Word Puzzles/LMC

Color Pencil Art/MMC Cookie Social & Chit-Chat

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Morning Activities

Easy Listening Music Table Games/Sorting 10:00 Worship Service/MCR Sit Outside/MMC 11:30 Classical Café/Lunch

Afternoon Activities

Word Puzzles/LMC Color Pencil Art/MMC Reminisce Magazine/MMC Cookie Social & Chit-Chat

August Trivia w/Aides/LMC

11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V.

Afternoon Activities

1:30 Soda Pop Bingo w/Brenda Word Puzzles/MMC

12 Church & Bible Study

Morning Activities

10:00 Church Service/LMC Coffee Fellowship/LMC Table Games/MMC

11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V.

Afternoon Activities

Let's get Outside/MMC Hi-Low Cards/LMC 3:00 Bible Study w/Jan/LMC 3:30 Bible Study w/Jan/MMC 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V.

Afternoon Activities

1:30 MacPhail Music For Life Fruit Bingo/MMC

NATIONAL NIGHT OUT

Morning Activities

Parachute Exercise/MMC Balloon Volley Ball/LMC 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V.

Afternoon Activities

1:30 Arts & Crafts w/Brenda/ **Lodge Memory Care** Table Games & Music/MMC Refreshments & reminisce Help Set Tables

Colored Pencil Art/LMC

11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V.

Afternoon Activities

1:15 Living Spirit Music/LMC 2:15 Living Spirit Music/MMC

14 Living Spirit Music

Morning Activities

Exercises with Brenda/MMC Trivia Time with Brenda/MMC Hand Soaks, Manicures/LMC 11:30 Classical Café/Lunch 12:00 Polka Spotlight/TV

Afternoon Activities

1:15 Living Spirit Music/LMC 2:15 Living Spirit Music/MMC Popsicle Social & Reminisce 3:30 Sing Along w/Carol/MMC 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V.

Afternoon Activities

1:30 Caring Companions/MMC **Ice-Cream Social Outside/MMC** Table Games/LMC

15 Caring Companions

Morning Activities

Morning Stretch & Music with Brenda/MMC Hand Soaks/LMC 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V. **Afternoon Activities** 1:30 Sing Along w/Caring

Companions/MMC Soda Pop Social & Crackers Sing Along C.D. w/Aides/LMC 12:00 Polka Spotlight/T.V. **Afternoon Activities**

Let's go for a Walk/LMC

Cheerio Bingo/MMC Clean Activity Cart/LMC Snack & refeshments

16 One on One Visit

Morning Activities

Fun & Fitness Exercise w/ Brenda/MMC Trivia Time & Ice Tea/LMC 11:30 Classical Café/Lunch 12:00 Polka Spotlight/T.V. **Afternoon Activities** 1:30 One on One Visits

w/Brenda Walk to the Lake **Lodge Memory Care** B-I-N-G-O-/MMC Snack & Reminisce

11:30 Classical Café/Lunch

Afternoon Activities

Sit Outside & trivia/MMC Marker Art & Music/LMC Cookies Social & Chit-Chat 6:00 Lawrence Welk/T.V.

17 Sing Along w/Gary

Morning Activities Easy Listening Music

Sit Outside & trivia/MMC **Group Balloon Toss** 11:30 Classical Café/Lunch **Afternoon Activities** 1:30 Sing Along with Gary/

Lodge Memory Care

Marker Art & Music/LMC Puzzle Pieces & Chit Chat Cookie Social & reminisce

August 2019 Activities for the Memory Care Community

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
L8	19 Constance Program	20 McPhail Music	21 Living Spirit Music	22 Birthday Party	23 Craft Group	24
Morning Activities	Morning Activities	Morning Activities	Morning Activities	Morning Activities	Morning Activities	Morning Activities
Easy Listening Music	10:00 Church Service/Lodge	10:00 Church Service/MMC	Exercise sing along/Brenda	Group Balloon Toss/LMC	Let's get Outside go for	Easy Listening Music
able Games/Sorting	Coffee Fellowship Social/Lodge	Coffee Fellowship Social	Hand Soaks, Manicures/LMC	Let's get Outside/MMC	a Walk w/Brenda/MMC	Sit Outside/MMC
.0:00 Worship Service/MCR	Balloon Exercise/MMC	Word Puzzles/LMC	11:30 Classical Café/Lunch	10:00 Beauty Shop Escorts	Parachute Exercise/LMC	Group Balloon Toss
Sit Outside/MMC	11:30 Classical Café/Lunch	11:30 Classical Café/Lunch	12:00 Polka Spotlight/T.V.	11:30 Classical Café/Lunch	11:30 Classical Café/Lunch	11:30 Classical Café/Lund
l 1:30 Classical Café/Lunch	12:00 Polka Spotlight/T.V.	12:00 Polka Spotlight/TV	Afternoon Activities	12:00 Polka Spotlight/T.V.	12:00 Polka Spotlight/T.V.	Afternoon Activities
Afternoon Activities	Afternoon Activities	Afternoon Activities	1:15 Living Spirit Music/LMC	Afternoon Activities	Afternoon Activities	Colored Pencil Art
Nord Puzzles/LMC	1:30 Reminisce w/ Pastor Jan	1:30 MacPhail Music/MMC	2:15 Living Spirit Music/MMC	1:30 Birthday Party with	1:30 Beading with Brenda/	Table Games
Colored Pencil Art/MMC	2:00 Rewind the '50's'/MMC	3:00 Hymn Sing/MMC	Watermelon Social Outside	According to Pete/MMC	Lodge Memory Care	Cookie Social & Music
Cookie Social & Chit-Chat	3:00 Reminisce w/Pastor Jan	3:30 Hymn Sing/LMC	Get Ready for Supper	Birthday Social & Reminisce	Tissue Flowers/MMC	6:00 Lawrence Welk/T.V.
<u> </u>	26 Church & Bible Study	27 Sing Along w/Gary	28 Scenic Ride	29 Birthday Party	30 Craft Group	31
Morning Activities	Morning Activities	Morning Activities	Morning Activities	Morning Activities	Morning Activities	Morning Activities
Easy Listening Music	10:00 Church Service/LMC	Noodle Ball Exercise/MMC	Exercise sing along/Brenda	Morning Stretch & Music	Let's get Outside go for	Easy Listening Music
Table Games/Sorting	Coffee Fellowship Social/LMC	Balloon Volley Ball/LMC	Hand Soaks, Manicures and	With Brenda/LMC	a Walk w/Brenda/MMC	Sit Outside/MMC
L0:00 Worship Service/MCR	Balloon Exercise/MMC	Hydrate & Trivia Time/LMC	Lotion/MMC	Hand Soaks, Manicures/MMC	Parachute Exercise/LMC	Group Balloon Toss
Sit Outside/MMC	11:30 Classical Café/Lunch	11:30 Classical Café/Lunch	11:30 Classical Café/Lunch	11:30 Classical Café/Lunch	11:30 Classical Café/Lunch	11:30 Classical Café
l1:30 Classical Café/Lunch	12:00 Polka Spotlight/T.V.	12:00 Polka Spotlight/T.V.	12:00 Polka Spotlight/T.V.	12:00 Polka Spotlight/T.V.	12:00 Polka Spotlight/T.V.	Afternoon Activities
Afternoon Activities	Afternoon Activities	Afternoon Activities	Afternoon Activities	Afternoon Activities	Afternoon Activities	Colored Pencil Art
Word Puzzles/LMC	Let's get Outside/LMC	1:30 Sing Along with Gary/	1:30 Scenic Ride with both	1:30 Birthday Party with	1:30 Tissue Flowers/LMC	Table Games
Colored Pencil Art/MMC	Marker Art/MMC	Lodge Memory Care	Communities w/Brenda	According to Pete/LMC	Colored Pencil Art/MMC	Cookie Social & Music
Cookie Social & Chit Chat	3:00 Bible Study/LMC	B-I-N-G-0-/MMC	Cracker Social & Reminisce	Birthday Social & Reminisce	Popcorn Social & Soda Pop	Help Set Tables
	3:30 Bible Study/MMC	Lemonade Social &	Get ready for Supper	Table Games w/Aides	Balloon Volley Ball	6:00 Lawrence Welk/T.V.
Reminisce Magazines		Reminisce				